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Irish Stew Fundraiser South Stormont Fire Rescue



Once again, our local Fire Rescue team needs our help. This fundraiser is to help pay for wet suits that the Fire Rescue team desperately needs for cold weather rescues.



Cost: \$20

Date: Saturday, March 28, 2026

Time: 2 seatings, 5 PM and 6 PM

Place: South Stormont Township Hall, 2 Mille Roches Rd, Long Sault.

Menu: Irish Stew, tea or coffee.

Auction: There will also be a silent/chance auction and a 50/50 draw.

Items for the auction and volunteers to help out would be greatly appreciated.

For More Info Call Sharon @ 613-577-0818 or

Reg @ 613-537-9701



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WHO'S IRISH?



It seems like St. Patrick's Day or St. Paddy's Day, as some like to call it, has an effect on many Canadian March 17 each year.

People of many Nationalities become part Irish all of a sudden. Or...is it just the "Beer Talking".

Put "O" in front of your name and love Irish folk music for a day if it makes you happy. Happy is a good thing so spread the cheer.

(Continued on page 2)



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(Continued from page 1)

St. Paddy's Day is a day that can be celebrated on any day surrounding March 17. Most pubs will do that for the convenience of enjoying your hangover on a weekend. But...St. Paddy's Day is traditionally celebrated right on March 17 regardless of the day of the week. Some real Irish folk will celebrate both if needed.

Whatever you think of this festive event, or how you spend the day, it is usually a fun, happy and usually harmless time of year. We can certainly use more of these in today's world.

Spring is in the air, people are loosening up in terms of getting out of the house, and smiles are everywhere. It won't be long before we're on our deck and sitting on our Paddy O' Furniture.

By David Smith

MURPHY'S LAW

- We didn't all come over on the same boat, but we're all in the same boat.
- The phone will always ring when you're sitting on the toilet.
- If you can distinguish between good advice and bad advice, you don't need advice.
- All great discoveries are made by mistake

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Our annual Health & Wellness Fair is fast approaching. There is a great lineup of professionals ready to help you. The fair is on Friday, April 10th, from 10 am to 2 pm at the South Stormont Community Hall. It's a great way to find out more about issues that matter to you, all under one roof. Door prizes and bag lunches available. Our next meeting will be on Friday, April 10th, from 10 am to 2 pm at the South Stormont Community Hall. It's a great way to find out more about issues that matter to you, all under one roof. Door prizes and bag lunches available. Our next meeting will be John Sliter, who will talk about his book *Matriarchs of the Hoople Creek*. With the nicer weather now upon us, travelling the roads should be easier. A reminder that we now have a nurse available on those monthly meetings for blood pressure checks and monitoring.



Ginette Guy Mayer
Treasurer

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LOST VILLAGES HISTORICAL SOCIETY

With longer daylight hours and the sun's rays getting stronger every day, spring has sprung and things are gearing up at the Lost Villages Museum site. As some may have noticed, construction has begun on the new replacement doors for the Sandtown Advent Christian Church. In keeping with the heritage integrity of the church, the doors are being constructed as replicas of the originals. We look forward to the doors that close properly and that keep out the elements. Thank you to the Township of South Stormont for their involvement with this project.

We are pleased that the St. Lawrence Branch of the United Empire Loyalist Association of Canada has approached the historical society with a request to erect a Loyalist plaque at the museum site at Ault Park. This unveiling in Stormont County will follow the unveiling of a similar plaque in Dundas County last year. I have been working with John Johnston and Darlene Kennedy, a respected photo artist from Fawcett from the St. Lawrence Branch regarding the text and images for the plaque. Featured on it will be four structures associated with the Loyalists of Stormont County, - Adam Dixson and Christ Church at Moulinette; Jeremiah French and the settlement of Maple Grove, Nicholas Ault

and the development of Aultsville; and Sgt. John Annable, a Loyalist settler in Township #2 (Cornwall).

With the blackbirds, grackles, and starlings now invading the bird feeders that have been set up for the winter birds, it won't be long before the Cornwall and Area Birding Club stops providing seed and suet at the Community Feeder at the Lost Villages Museum. You are encouraged to take a drive out to Fran Laflamme Drive at Ault Park and check out the antics of the many birds that visit the site. You will not be disappointed.

Recently, work began with the cataloguing of the photographs of all the building that stood in the way of the St. Lawrence Seaway and Hydro Development projects of the 1950s.

As reported earlier, there will be no meeting of the historical society in March, but it is not too early to circle April 20th as the next general meeting date. Besides regular business, we will welcome Bruce working with John Johnston and Darlene Kennedy, a respected photo artist from Glengarry County. Bruce's photos of birds and animals in their natural habitats are often featured on CTV programs, and he and animals in their natural habitats are often featured on CTV programs, and he used on Senator Bernadette Clement's 2025 Christmas card.

By Jim Brownell

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Can you spot 12 differences between these pictures?



Solution: 1. Center of buckle on hat is missing. 2. Leaf under flower is missing. 3. Branch on tree is missing. 4. Rock is colored red in. 5. Shamrock pattern on girl's shirt has moved. 6. Pocket on girl's shirt is missing. 7. Bush behind girl has moved. 8. Cloud behind girl has moved. 9. Vest neckline is different. 10. Girl's shirt is wider. 11. End of hair braid is different. 12. Cloud is upside down.

SEARCH AND FIND ST. PATRICK'S DAY

Search and find all of the images below. Circle or color them in as you find each image.



- My grandmother was 80% Irish. Her name was Iris.
- Q. Who was the biggest leprechaun known to man?
A. The Jolly Green Giant

IT SAYS **SNAKES!** YOU'RE SUPPOSED TO BE RIDDING IRELAND OF **SNAKES!**



A little 5-year-old girl was usually driven to school by her granddad, but one day he had a cold, so Grandma took her instead.

That night, she told her parents, "Driving with Grandma was really different today."

"Oh? How so?" they asked.
"Well," she said, "with Grandma, we didn't see a single numb-nuts, sh*t for brains, or dick head the whole way."

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TRIVIA

- What is the highest number of leaves ever recorded on a single clover stem? a) Four b) Fourteen c) Fifty d) Sixty-three
- What are the colours of the Irish flag? a) Green/White b) Green/White/Red c) Green/White/Orange d) Green/Orange
- What is a boxty? a) Buckle on a leprechaun's shoe b) An Irish potato cake c) A dough additive to Irish stew d) A musical instrument that St. Patrick used to drive the snakes from Ireland
- Which animal comes first in the Chinese Zodiac Cycle? a) Horse b) Rat c) Goat d) Monkey
- Which blood type is known as the universal donor? a) A+ b) O+ c) O- d) AO
- What is the highest grossing horror film of all time? a) Texas Chainsaw Massacre b) It c) Nightmare on Elm St. d) Jaws
- What was the first toy advertised on television? a) Mr. Potato Head b) Hoola Hoop c) Barbie d) Wooden blocks
- What was the "first" billion dollar movie? a) Avatar b) Avengers: Endgame c) Titanic d) The Way of Water
- In what country did "Cheddar Cheese" originate? a) Belgium b) Canada c) Switzerland d) England

Answers on page 4

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TRIVIA ANSWERS

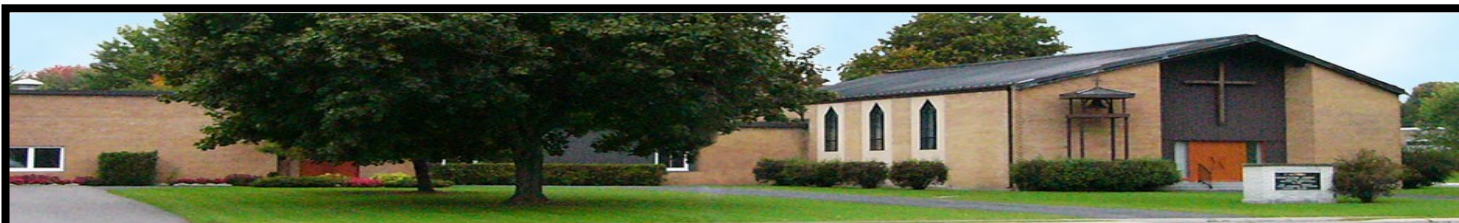
1. d) Sixty-three
2. c) Green/White/Orange
3. c) A dough additive to Irish stew
4. b) Rat
5. c) O- (negative)
6. b) It
7. a) Mr. Potato Head
8. c) Titanic (5th all time)
9. d) England

OLD IS WHEN

- You don't care where your spouse goes, just as long as you don't have to go along.
- "Getting a little action" means I don't need to take any fiber today.
- An "all-nighter" means not getting up to pee!

HAVE A NICE DAY

Smiling is infectious
You catch it like the flu
When someone smiled at me today
I started smiling too
I walked around the corner
And someone saw me grin
When he smiled I realised
I had passed it on to him
I thought about the smile
And then realised its worth
A single smile like mine
Could travel round the Earth
So if you feel a smile begin
Don't leave it undetected
Start an epidemic
And get the world infected
By Spike Milligan



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OSGA SPORTS NEWS ARTICLE DISTRICT 8:

Aims of the OSGA:

The primary aim of the Ontario Senior Games Association (OSGA) is to promote an active and healthy lifestyle for all Ontarians aged 55 and over by providing opportunities for social engagement and friendly competition.

The key goals and objectives include:

- Promoting activity: Encouraging older adults to stay physically and mentally active through participation in a variety of sports, card, and board games.
- Socializing and making friends: Providing a welcoming and inclusive network for participants to connect with others who have similar interests.
- Providing opportunities for competition: Organizing district, regional, provincial, and national level games for amateur participants, with specific eligibility for the Canada 55+ Games.
- Fostering fair play and respect: Upholding core values such as mutual respect, integrity, and fair

play among participants and volunteers.

- Raising awareness: Increasing the visibility of the 55+ games in local communities to attract more participants and volunteers.

HOW TO PARTICIPATE IN THE 2026 DISTRICT 8 (Stormont, Dundas, Glengarry, Prescott, Russell, & Akwesasne) 2026 ONTARIO 55+ SUMMER GAMES

- 1- Be a member of the Ontario Senior Games Association (OSGA)
- 2- Check if your sport is an Open event or a Qualifying event
- 3- If it is a Qualifying, connect with your District Coordinator for details
- 4- Once you are eligible, sign up with us starting , 2026

We look forward to seeing new and our seasoned OSGA members in the next 2026 Summer Games, which is starting in early Spring.

For more OSGA District 8 information, contact our District 8 Coordinator Martha at mwarcupd8@gmail.com or visit <https://district8.osga.ca> or follow us on Facebook.

**DEADLINE TO POST EVENTS
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The great wave is coming. Are you ready?



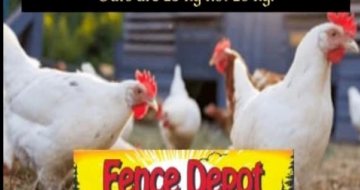
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