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4:00pm to 6:30pm Saturday July 26th 2025



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CANADA DAY



Why leave South Stormont for CANADA DAY? EH! There is lots to see and do right here in our own backyard.

Start your day at 10:00 AM at the Lost Villages Museum. There is live music, local vendors, BBQ, face painting, silent auction and, of course, the annual ceremonial cake. All of these, plus the meet and greet with old friends that you look forward to seeing at this time of year.

(Continued on page 2)



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(Continued from page 1)

If that's not enough, or if you're a late starter, you only need to go up the road a couple of kms to Arnold Bethune Park for much the same with a different twist.

The Ingleside, Long Sault, Lost Villages Lions Club are hosting their annual rendition of the Canada Day Celebration.

Beginning at 1:00, there will be a variety of entertainers to tap your toes to all day long. The theme as always, "AN OLDE FASHION CARNIVAL". A great place to bring kids or grandkids. There are train rides, bouncy castle, three legged race, carnival games, and a host of assorted vendors.

This year, the Jelly Jump is coming back and you can register to JUMP with any Lions Club Member.

Then...of course you have to stick around since you already have a parking spot for the "BEST" fireworks show in the County.

At approximately dusk, what is traditionally the most creative display of art in the sky, will commence and immediately start the "awe's" and "ooh's" from the hundreds of spectators.

Canada Day in South Stormont is never a dull day. Lots to do. Lots to see, and just a reminder...the "splash pad" will be open so dress accordingly.

HAPPY CANADA DAY!!!

By David Smith

Let Us Help You Find The Perfect Gift For That Special Someone In Your Life



Summer is upon us, and we have ongoing activities through the summer months. On July 1st, Canada Day is a big event at the Lost Villages Museum. The Club will have a silent auction; if you have anything to give, please contact Maureen at 613-537-2978 or Virginia at 613-537-9645. As usual, the day will include entertainment and vendors. Our annual picnic will be on July 9th, and there will be entertainment. We are also getting the cost for a day in Montreal, looking at August 20th. There will be a visit to the botanical gardens in the morning and a cruise around the old port in the afternoon. More information and pricing to come for that event. First dibs will be for members, so if you have been considering joining us, now would be a great time to do so. Membership costs \$30 annually.



Ginette Guy Mayer
Vice-president



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LOST VILLAGES HISTORICAL SOCIETY

With Canada Day just around the corner, organizers are gearing up for another great celebration at Ault Park, site of the Lost Villages Museum. The celebration will kick off at 10:00 a.m., with a variety of activities to satisfy folks of all ages. We hope you will support the historical society and help its members and friends celebrate our Canadian identity and heritage.

Between 10:00 a.m. and 3:00 p.m. patrons will have free access to all activities and events. Take in a Quilt Show, Fashion Show, Children's Program, Miniature Train Rides, Music and Entertainment, Miniature Trains with Gary Wilson, and Vendors. Enjoy a BBQ and Strawberry Shortcake Social beginning at 11:00 a.m.

We appreciate the continued support of our Canada Day sponsors, and thank the Government of Canada, Ontario Power Generation, and Storm Realty. Happy Canada Day!

From now until Labour Day, the museum will be open daily from 10:00 a.m. to 5:00 p.m. daily. On Canada Day, check out our museum's buildings. Unfortunately, the Forbes Memorial Reading Room and the Stuart House continue to remain closed as a result of the devastating floods earlier this year, but we inch closer to having them

opened. The restoration of the basements is almost complete thanks to the municipality and Gordon Construction.

Donations of artifacts continue to arrive at the museum site quite frequently. Just recently, Shereen Bowditch of Gananoque arrived with the most beautiful carpenter's tool box, crafted by her great-grandfather, Edgar Shaver, of Aultsville. Edgar's well-kept tools are still in the box. Along with the tool box, Shereen donated the Will of Edgar Daniel Shaver, dated December 13, 1916. The tool box was listed in the Will and conveyed to his son, Fred Maxwell Shaver. This was a prized possession of the Shaver descendants, and Shereen was thrilled that it would be cherished and displayed at the Lost Villages Museum.

This past week, a beautiful, walnut bedroom set, including the bed and dresser, was donated to the historical society by Terry and Denise (Seguin) Brownell, and will be displayed in a bedroom on the main floor of the Stuart House. The bedroom will be dedicated to Linda (Fisher) Stuart, the beloved grandmother to Donald and Bruce Stuart, and interpreted as her bedroom in old age. She lived in the Stuart House, and her rocking chair will be displayed in the same room. There is much to see at the Lost Villages Museum.

By Jim Brownell

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Solution: 1. Shovel handle removed. 2. Line on right shell removed. 3. Seam in boy's hat removed. 4. Girl's chin missing. 5. Girl's shoe changed. 6. Portion of girl's hair ribbon removed. 7. Fall of water colored in. 8. Umbrella top colored in. 9. Boy's button moved. 10. Window in castle moved. 11. Starfish moved. 12. Flagpole longer.

FUNNY? NOT REALLY!

• A dinner speaker was in a hurry to get to his engagement that when he arrived and sat down at the head table, he suddenly realized that he has forgotten his false teeth.

Turning to the man next to him he said, "I forgot my teeth!"

The man said, "No problem." With that he reached into his pocket and pulled out a pair of false teeth. "Try these," he said.

The speaker tried them. "Thanks, but they are too loose," he said.

The man then said, "I have another pair...try these."

The speaker tried them and responded, "Too tight."

The man was not taken back at all. He then said, "I have one more pair of false teeth...try them."

The speaker said, "They fit perfectly!" With that he ate his meal and gave his address. After the dinner meeting was over, the speaker went over to thank the man who had helped him. "Where is your office? I've been looking for a good dentist."

The man replied, "I'm not a dentist. I work at the morgue."

BE CAREFUL WHEN TALKING TO YOUR WIFE

• The female brain works on a different tangent than male. Last night I was sitting in the living room, talking to my wife about life in-between, we talked about the idea of living or dying. I told her, "Never let me live in a vegetative state, totally dependent on machines and liquids from a bottle. If you see me in that state, I want you to disconnect all the contraptions that are keeping me alive. I'd much rather die!"

My wife got up from the sofa with a real look of admiration towards me and proceeded to disconnect the Cable TV and DVD, then the Computer, the Cell Phone, the iPod, and the Xbox.

And then went to the bar and threw away all my whisky, rum, gin and vodka and the beer in the fridge.

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TRIVIA

- Where is the hottest place on Earth?
a) The Sonoran Desert b) The Sahara Desert c) Mitribah, Kuwait d) Turbat, Pakistan
- What is the longest living animal on Earth? a) Glass Sponge b) Greenland Shark c) Aldabra Giant Tortoise d) Bowhead Whale
- What animal on Earth can survive the hottest temperatures? a) Thorny Devil b) Camel c) Pompeii Worm d) Ostrich
- What is the ugliest animal in the World? a) Blobfish b) Naked Mole Rat c) Proboscis Monkey d) Hammer-headed Fruit Bat
- Which country is deemed to have the most miserable people? a) Russia b) Turkey c) Hungary d) Greece
- Per Capita, what country has the most Billionaires? a) USA b) Israel c) Monaco d) Sweden
- Which of the following countries has "NO" shoreline? a) Gibraltar b) Bosnia c) Iraq c) Austria
- What is the No. #1 recreational vehicle in North America? a) Boat b) Motorcycle c) Four Wheeler d) Motorhome
- For Canadians, where is the No. #1 summer vacation destination? a) Ottawa b) Banff National Park c) Niagara Falls, Canada d) Prince Edward Island
- What year did the Toronto Blue Jays win the World Series? a) 1990 b) 1991 c) 1992 d) 1993

Answers on page 4

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TRIVIA ANSWERS

1. c) Mitribah, Kuwait
2. a) Glass Sponge
3. c) Pompeii Worm (They survive in heat up to 22° F)
4. a) Blobfish (Google them for a laugh)
5. c) Hungary
6. c) Monaco
7. d) Austria
8. d) Motorhome
9. b) Banff National Park
10. c) 1992 (They also won in 1993)

**FOR NEWS, NOTICES, OR
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TYPICAL HOUSE WIFE!

- A husband and wife were at a party chatting with some friends when the subject of marriage counseling came up. "Oh, we'll never need that. My husband and I have a great relationship," the wife explained. "He was a communications major in college, and I majored in theatre arts. He communicates really well, and I just act as if I'm listening."

**Everyone
handles
inflation
differently**

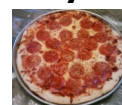


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As we discussed in our last article, let's talk more about "grounding" or energy, to help you deal with health and wellness issues, and help change your life for the better!

We will do a deep dive into energy or EMF healing frequencies to help you make that change to improve your life!

Scientifically proven, walking barefoot on grass, or even just sitting with bare feet on the ground, helps us absorb EMF from the earth which in itself has healing properties.

Studies show it can offer various benefits, including improved sleep, reduced stress and pain, and enhanced mood.

Grounding may also help normalize cortisol levels, improve heart rate variability, and even support wound healing.

BUT what about if you cannot get outside or do not have access to grassy areas? Or are indoors in winter?

Here is a recent testimonial from someone using a new unit with PEMF and Terahertz.

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- My skin started glowing and looking younger
- My mind got sharper, calmer, and stronger
- When you recharge your "inner battery" everything starts coming back into balance.

We live in a world full of toxins – in our food, water, and air.

These affect our blood, our organs, and our emotions.

But with these frequencies, something magical happens:

- Toxins are flushed out
- Oxygen flows through our cells
- We feel ALIVE again
- But the most surprising thing?
- I stopped procrastinating.
- I stopped sabotaging myself.
- I started saying NO to things that weren't serving me, and said YES to my health, future, and potential.
- I dropped from 270 lbs to 205 lbs in under 5 months — and I feel REBORN."

If you're reading this, it's your sign:
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Your friend, Cheryl

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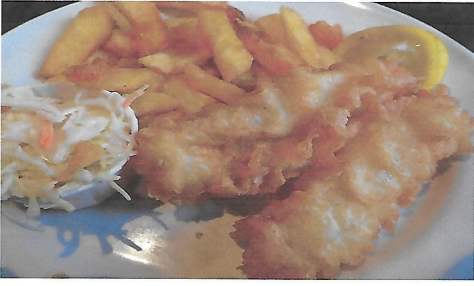
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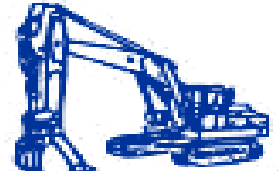
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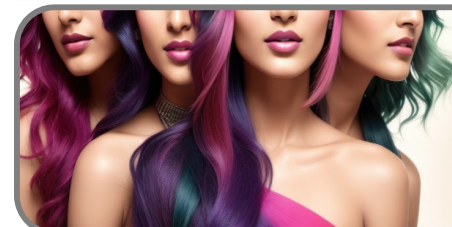
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