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JULY 1ST 2025 10AM-3PM

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MAIN VENUE
Ault Park Fran Laflamme Dr
Long Sault, ON

For info call 613-330-5047
treasurer@lostvillages.ca

LOST VILLAGES MUSEUM

Vendors \$20

Our children's programming headed by Susan Wallwork including, crafts, games, face painting and tattoos will run from 10-2 pm.

Little Rays Reptiles are here from 1:30-2:30 pm.

Mini Train will be picking up throughout the park from 10-2 pm.

Two huge Birthday Cakes sponsored by Steve and Rylan Iwachniuk Storm Realty at 1 pm.

Friendly Circle Senior Club will be holding their annual Silent Auction.

Come and be part of the fun!

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**TICK-TICK-TICK
IT'S NOT A CLOCK**

Tick season is in full swing in South Stormont. Everyone, it seems, has a tick story about their pet right now. They're everywhere and there doesn't seem to be much of a defense to fight off the ever so dangerous "TICK ATTACK".

Most tick bites are just a pain in the you know what, but, don't treat them lightly. Our pet dog, Bear, who had his tick preventive medicine earlier this season just got hit hard.

Bear, a usually very friendly, hyper, active dog, who loved to eat, all of a sudden became lethargic. He just laid on the floor. Couldn't go up or down the stairs. Wouldn't eat or drink anything at all. If this sounds like your pet, take them to the vet right away. They're probably on death's door.

Bear seen the Doc, was diagnosed with Lyme Disease and was treated. Within hours, we were able to notice new life from our...

(Continued on page 2)

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(Continued from page 1)

...beloved family member. Bear is on the road to recovery now, as he is back on the road patrolling the neighbourhood like he always did on his usual walks.

So...if you have a pet, or even if you feel sluggish yourself, get immediate medical attention. Those pesky little critters can do more than just "TICK YOU OFF".

By David Smith

JOKES...FOR THOSE WHO GET IT

- Three old ladies were sitting at the dinner table discussing their problems with getting old.

The first one said, "Sometimes I catch myself with a jar of mayonnaise in my hand, while standing in front of the refrigerator, and I can't remember whether I need to put it away, or start making a sandwich."

The second lady says, "Yes, sometimes I find myself on the landing of the stairs and can't remember whether I was on my way up or on my way down."

The third one says, "Well, ladies, I'm glad I don't have any of those problems, knock on wood." As she hit her knuckles on the table, she looked up and said, "That must be the door...I'll get it!"

- A married couple are out one night at a dance club. There's a guy on the dance floor giving it large: break dancing, moon

Friendly Circle Seniors Club
Annual Membership Appreciation Dinner
We appreciate our Members - thank you
Friday June 20, 2025
5:00 PM Social Time
5:30 Supper Served
followed by
Presentations and Senior Trivia
\$20 per Member \$30 for Guests
e-transfer to mikesam@cogeco.ca
Members who were chosen Volunteer of the month during the 2024 year get their meal FREE!!
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Deadline for booking Tuesday June 10th

walking, back flips, the works. The wife turns to her husband and says, "See that guy? Twenty years ago he proposed to me and I turned him down."

Husband says, "Looks like he's still celebrating."

50+
The next monthly regular Euchre is on Sat. June 21, at St. Matthews Church, 15 Memorial Square, Ingleside. 12 noon start. Cash prizes, Door prizes, Snacks. 613-984-1431

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LOST VILLAGES HISTORICAL SOCIETY

Did you know that author Maggie Wheeler, the Seaway Valley's Queen of Crime, has written seven books in the Farran MacKenzie Lost Villages Mystery Series? As a member of the Lost Villages Historical Society, Maggie's books have been popular items in the museum's gift shop, and we are proud to showcase them at our museum site. Maggie recently celebrated the 20th anniversary of the launch of her first book, A Violent End. All proceeds from sales support the good work of the historical society.

On Saturday, May 31, 2025, a large gathering of family and friends gathered at the Farran's Point Pavilion, Lost Villages Museum, to pay tribute and respect to our dear executive member, Marc Pilon, on his sudden passing while scuba diving. Marc had joined our executive in November 2024, after five years of volunteering with the historical society. The many tributes focused on Marc's compassion and ambition for the projects he volunteered to work on. The words of many reflected on the love he had for his family. The members of the historical society extends sympathy to Marc's dear wife, Diana, his daughters Brianne,

Kerrigan, and Madison, and their spouses, his beloved grandchildren, his sister, and his extended family.

We can now report that the Grays and Blues of Montreal, an American Civil War reenactment organization, will hold a mini-Civil War reenactment at the museum site on Sunday, September 14, 2025, from 9:00 a.m. to 4:30 p.m. We look forward to welcoming back the president of the Grays and Blues, Stewart Irvine, and members of this reenactment society. Did you know that the museum site at Ault Park is the home of Canada's National Monument to the 40,000+ Canadians of the American Civil War?

Recently, four gunstock chairs were sent out to Stripall Furniture Restoration to have the old finish removed, as it had been severely damaged in the flood the happened at the Forbes Memorial Reading Room in January. Upon the return of these chairs to the museum site, President Jim Brownell refinished them, except for the caned seats that still must be completed. Jim put out a call on Facebook for four people interested in learning how to cane, as he taught this craft for many years in the past. Very soon, Carol Goddard, Deanna Bergeron, Jenn Brownell, and John Sliter will learn how to cane.

By Jim Brownell

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Can you spot 12 differences between these pictures?



Solution: 1. Tie on lady's hat is missing. 2. Strap on backpack is missing. 3. Extra stripe on man's sombrero. 4. Bush outside window is colored in. 5. Pocket on shirt has moved. 6. Stripe on sleeve has moved. 7. Patch on pants has moved. 8. Curtain is wider. 9. Brim on hat is wider. 10. Neckline on shirt is different. 11. Stripe on skirt is taller. 12. Letter on suitcase is upside down.

MATCH THE COLLECTIVE NOUNS

- | | |
|-----------------------------------|----------------|
| 1. A group of ants - | A. cluster |
| 2. A group of turtles - | B. nest |
| 3. A group of rhinos - | C. mob |
| 4. A group of leopards - | D. raft |
| 5. A group of elephants - | E. litter |
| 6. A group of zebras - | F. lounge |
| 7. A group of bears - | G. convocation |
| 8. A group of eagles - | H. skulk |
| 9. A group of foxes - | I. colony |
| 10. A group of puppies - | J. crash |
| 11. A group of lizards - | K. bale |
| 12. A group of kangaroos - | L. leap |
| 13. A group of ducks (on water) - | M. dazzle |
| 14. A group of snakes - | N. Parade |
| 15. A group of spiders - | O. sleuth |

MARRIAGE OVERLOAD

- At every party, there are two kinds of people: those who want to go home and those who don't. The trouble is, they are usually married to each other.
- Any married man should forget his mistakes, there's no use in two people remembering the same thing.
- My wife says I never listen...or something like that.
- My wife says I'm too competitive. I told her I already knew that.
- A wise man once said, "I don't know...ask my wife."

ANSWERS

- | | |
|----------------|------------|
| 8. convocation | 1. colony |
| 7. Sleuth | 2. bale |
| 6. dazzle | 3. crash |
| 5. parade | 4. leap |
| 4. mob | 5. lounge |
| 3. litter | 6. raft |
| 2. nest | 7. cluster |
| 1. skulk | 8. sleuth |

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TRIVIA

1. What is the average age of a "First Time" dad in the USA? a) 21.2 b) 24.1 c) 27.1 d) 30.9
2. According to the "Guinness Word Book of Records", how old was the oldest man to father a child? a) 81 b) 87 c) 92 d) 98
3. What is the chore that most Dad's supervise rather than do? a) Mow the lawn b) Walk the dog c) Shovel the walkway d) Take out the trash
4. Which frosty fairytale land whipped up a desert so cool it could chill with ELSA from "Frozen"? a) Burger King b) Wendy's c) McDonald's d) Dairy Queen
5. Which fast food hotspot invented the "Baconator"? a) Burger King b) Arby's c) Wendy's d) Big Boy
6. What demographic is most likely to eat at food trucks? a) Baby Boomers b) Millennials c) Gen X d) Gen Y
7. What is the most popular item sold out of food trucks "in the world"? a) French Fries b) Burgers c) Hot Dogs or Sausages d) Ice Cream
8. What is the biggest summer celebration in North America? a) Lollapalooza - Chicago b) Toronto Caribbean Carnival c) Sturges Motorcycle Rally d) San Francisco Pride
9. What are the most popular items found in yard sales? a) Tools b) Children's Toys c) Clothing d) Furniture

Answers on page 4

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TRIVIA ANSWERS

1. d) 30.9
2. c) 92 years 10 months
3. a) Mow the lawn
4. b) Wendy's
5. c) Wendy's
6. b) Millennials
7. a) French Fries
8. b) Toronto Caribbean Carnival
9. b) Children's Toys

There will be presentations and a fun Senior Trivia. The cost is \$20 for members and \$30 for non-members. It will be held at the Ingleside Masonic Centre. Contact either Lucy Broome at 905-925-2929 or Elaine McIntyre at 613-550-0705. There will be an after dinner trivia event, or should we dare say competition? The June luncheon is scheduled for June 11th, at 11:30 at Sheehan's Pub & Grill in the Ingleside Plaza. This is a new location for us and there is no need to pre-select your meal. To reserve a seat, please contact Jo-Ann Atchison at 613-534-2846 or email her at joal.atchison@hotmail.com.

Ginette Guy Mayer
Vice-president

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Our Victorian Dessert & Tea, on May 31st, was a great success! Thank you to all who dressed up and attended and those who volunteered. The Annual Membership Appreciation Dinner will be on Friday, June 20th at 5 pm.



St. Matthews Community Supper — Memorial Square Ingleside
Next Community Supper — Thursday, July 3rd 5:30 PM
\$8 per person or \$15 per family
Limited Seating. Contact 613-537-2921 to reserve a spot

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THRIVE DAILY NOW! HERE ARE THE NEXT 5 STEPS TO BALANCING YOUR HEART AND BRAIN FOR A HAPPIER LIFE!



6. Get into nature

Spending 30 minutes or more a week in green spaces can help boost your mood. Also scientifically proven, walking barefoot on grass, or even just sitting with bare feet on the ground, helps us absorb EMF from the earth which in itself has healing properties.

Studies suggest it can offer various benefits, including improved sleep, reduced stress and pain, and enhanced mood. Grounding may also help normalize cortisol levels, improve heart rate variability, and even support wound healing. **More on this exciting subject in our next article!**

7. Give back

Some people find that giving back to the community and / or friends helps increase endorphins, our "feel good" hormone!

8. Take yourself out

No one to go out with? Well, what rule says you can't go out alone?

Consider going to your favorite restaurant, watching a movie, or taking that trip you've always dreamed of.

9. Create a thought list

You arrive for an appointment with 10 minutes to spare. What do you do with that time?

Trying to take control of your thoughts during these brief windows of time can offer benefits.

You might try making a short list of happy memories or things you're looking forward to on a small piece of paper or on your phone.

10. Take time to reflect

While the start of a new year is a good time to stop and take inventory of your life, you can set up yearly habits at any point in the year. Try setting aside some time to catch up with yourself the way you would with an old friend:

- How are you doing?
- What have you been up to?

Are you happier than you were a year ago

So try to put these steps into practice and you WILL notice a difference.

Your friend, Cheryl at
www.ThriveDailyNow.com

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Amigos Wednesday July 9th The Mariachi Is finally coming to Sol de Acapulco Restaurant! Call to Reserve! We will also be celebrating the birthday of my sister, Jhoana Soberanis! Come by to celebrate! Music from 6:30-8:30!



https://www.lospaisanosmariachi.com/

HACKERS HANDICAP OPEN GOLF TOURNAMENT

Where: Cedar Glen (9 holes)
When: Sat. July 5
Start: Shotgun at Noon

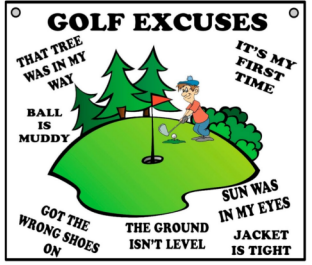
Cost: \$80.00 per Golfer (shared cart, light lunch, & random prizes)

Meal: Long Sault Legion following tournament

NOT RECOMMENDED FOR SERIOUS GOLFERS

Contact: David Smith (Call or Text 613-577-2081 or any Fun Raiser member)

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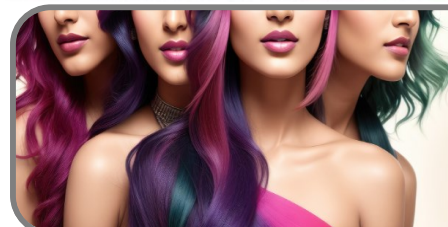
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Almost there!!!
Spaghetti Dinner Fundraiser
South Stormont Fire Rescue
Our local Fire Rescue team needs a new rescue boat that will
operate in both the summer and winter. We are holding another
spaghetti dinner to fully fund the project.
Our goal is to raise an additional \$10,000.

Cost: Good Will Offering (It's for a good cause so pay what you can)
Date: Saturday, June 21, 2025
Time: 4 seatings, 4 PM, 5 PM, 6 PM and 7 PM
Place: South Stormont Township Hall, 2 Mille Roches Rd, Long Sault.
Menu: Spaghetti, bun, salad, tea or coffee.
Auction: There will also be a silent/chance auction and a 50/50 draw.
Items for the auction and volunteers to help out would be greatly appreciated.
For More Info Call Sharon at 613-577-0818

Olde Fashion Carnival
Tuesday, 01 July 2025
11 AM to 9 PM
Arnold Bethune Memorial Park
75 Simcoe St, Long Sault, Ontario

Balloons & Face Painting
Train Rides
Bouncy Castle

Come one come all, enjoy a Carnival just like your grandparents did. No
computer-controlled games or neon lights, just good old fashion plain fun.

Games: Bean Bag, Knock Over Cans, Basketball Toss, Balloon Pop, Ring Toss, Fish Pond, etc
Vendors: A variety of local vendors.
Music: Tri-County Country Music Association
A variety of food vendors
Races: 3-legged, sack, egg, tug of war.
There will also be an auction table and a Share the Wealth draw.

Ingleside Long Sault Lost Villages Lions Club is a non-profit service organization.

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